



SaDSA, A/B/C Short Course Championships 2018

(Affiliated to ASA NER Region) Under ASA Laws & ASA Technical Rules

LEVEL 3 Licence Number: 3NE tbc

(For entry into Regional and County Championships)

Sunday 25th November 2018

Everyone Active Scarborough

Events

All age groups – 50m All Strokes
All age groups – 100m All Strokes
All age groups – 100m Individual Medley
All age groups – 200m Individual Medley

Awards

9/10/ 11/12/13 / 14 & 15 yrs & over 1st - 3rd

Entries

£3.00 per individual entry

Accepted on a first come first served basis

ALL SPECTATORS TICKETS on the day First Come First Serve

Age as at midnight on 31st December 2018

Closing Date: Midnight Sunday 18th November 2018

Unless full before hand



General Information

Organisation

- The Championships will be held under ASA Laws and Technical Rules of Swimming.
- Ages as at 31st December 2018
- Over the top starts will be used at the discretion of the Lead Referee and Meet Management.
- Integrated heats will be seeded according to entry times.
- All events are heat declared winners.

Venue

- Everyone Active Scarborough, Scarborough Sports Village.

Pool

- 25m, 8 Lane Pool with anti-wave ropes.
- Large scoreboard and electronic timing used throughout the meet.

Timing

- Electronic timing will be used throughout the meet.

Session Times

- Saturday Morning Warm Up – 8:00am Start – 9:00am
- Saturday Afternoon Warm Up – 1:00pm Start – 2:00pm

Individual Events

- All ages graded other than 9yrs – 50m, 100m, IM 100m, IM 200m all strokes.
- All events are heat declared winners

Promoter: Kev Sissons

Awards

- Age groups 9, 10, 11, 12, 13, 14 & 15yrs plus medals 1st – 3rd

Coaches Passes

- Every Club must provide min 2 Coaches on poolside maximum 6, Coaches will not be allowed on the deck whilst events are running and should remain with their team. This is to assist the official's safe and clear passage up and down the poolside. This will be policed so please just play by the rules.



Entry Procedures and Fees

- All entries are **£3.00** per individual event and to be submitted using the online entry forms provided;
- Entries open: 15th September 2018.
- Entries will be accepted on a first come first serve basis providing that the entry times are no greater than the upper limit times. **It may be necessary to close entries prior to the official closing date;**
- Poolside entries may be accepted at the discretion of the Promoter;
- Complete entry forms online at: http://www.openmeets.co.uk/entry_sys If you have queries, please contact Cris Lewis at: entrymanagement@openmeets.co.uk
- Swimmer entry fees and other requisite fees to:
- SaDSA Treasurer Ian Weldon, 24 Teal Close, Walkington, East Yorkshire. HU178TW
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E-Mail: treasurer@thesadsa.co.uk

If paying via **BACS, preferred method**, please email Ian to confirm.

SaDSA bank account details are:

Sort code: 10 20 99

Account Number: 80703178

ENTRY CLOSING DATE: Midnight Sunday 18th November 2018 unless full beforehand.

Entry Cards

- This meet is cardless. All entry withdrawal forms must be presented to the recorders desk within 10mins of the start of warm-ups for each session.
- **Spectators**
- **Admission for spectators will be:**
- Adults / Children/OAP's **£3.00 per session or £5 for both**
- All spectators tickets must be purchased on the day from the MEET DESK IN THE FOYER
- Spectator's tickets will be on a first come first served basis.
- **No entry on day without a ticket.**
- **Photography**
- Anyone wishing to engage in zoom or close range photography must register on entry.
- **Further Information**
- For further information, please contact:
- E-Mail: kev@bridswimclub.co.uk
- Telephone: 07400 052646



GIRLS A GRADE

Age:	9	10	11	12	13	14	15+
50m Freestyle							
100m Freestyle							
50m Breaststroke							
100m Breaststroke							
50m Butterfly							
100m Butterfly							
50m Backstroke							
100m Backstroke							
100m IM							
200m IM							

Girls B Grade (not faster than)

Age:	9	10	11	12	13	14	15+
50m Freestyle	None	39.60	36.50	35.10	34.10	33.10	32.40
100m Freestyle	-	1:30.50	1:23.10	1:16.90	1:13.80	1:12.00	1:10.80
50m Breaststroke	None	51.30	47.00	44.50	42.90	41.70	40.80
100m Breaststroke	-	1:54.30	1:44.50	1:37.50	1:33.80	1:28.80	1:26.50
50m Butterfly	None	44.00	40.40	38.70	37.00	36.20	35.30
100m Butterfly	-	1:42.00	1:33.00	1:28.70	1:22.30	1:18.20	1:15.70
50m Backstroke	None	45.20	41.20	39.80	38.30	37.80	37.40
100m Backstroke	-	1:40.00	1:32.00	1:27.10	1:22.50	1:18.50	1:16.60
100m IM	None	1:40.80	1:32.10	1:28.10	1:25.20	1:23.50	1:20.60
200m IM	-	-	3:17.00	3:06.90	2:58.50	2:52.00	2:47.60

Girls C Grade (not faster than)

Age:	9	10	11	12	13	14	15+
50m Freestyle	None	44.60	41.00	39.50	38.50	37.00	36.00
100m Freestyle	-	1:41.00	1:31.00	1:26.00	1:21.00	1:18.00	1:14.50
50m Breaststroke	None	57.70	52.70	50.00	48.10	46.80	45.70
100m Breaststroke	-	2:08.00	1:59.00	1:52.00	1:47.00	1:41.00	1:36.50
50m Butterfly	None	49.50	45.50	43.50	41.60	40.70	39.80
100m Butterfly	-	1:55.00	1:46.00	1:39.50	1:31.50	1:27.00	1:20.50
50m Backstroke	None	50.70	46.00	44.60	43.00	42.60	41.90
100m Backstroke	-	1:56.00	1:44.00	1:38.00	1:32.50	1:25.00	1:20.00
100m IM	None	1:53.40	1:43.50	1:38.00	1:35.00	1:33.50	1:30.00
200m IM	-	-	3:40.00	3:30.00	3:15.00	3:08.00	3:00.00



Boys A Grade (not faster than)

Age:	9	10	11	12	13	14	15+
50m Freestyle							
100m Freestyle							
50m Breaststroke							
100m Breaststroke							
50m Butterfly							
100m Butterfly							
50m Backstroke							
100m Backstroke							
100m IM							
200m IM							

Boys B Grade (not faster than)

Age:	9	10	11	12	13	14	15+
50m Freestyle	None	39.14	36.20	34.00	32.50	31.30	30.00
100m Freestyle	-	1:30.30	1:23.40	1:16.40	1:10.50	1:07.20	1:03.90
50m Breaststroke	None	50.30	46.90	43.40	40.60	38.80	37.00
100m Breaststroke	-	1:56.30	1:45.80	1:37.00	1:29.90	1:24.80	1:21.00
50m Butterfly	None	43.90	40.40	37.50	35.70	34.00	32.50
100m Butterfly	-	1:43.40	1:33.7	1:26.20	1:19.20	1:14.80	1:11.00
50m Backstroke	None	46.20	42.00	39.20	37.10	35.70	33.10
100m Backstroke	-	1:42.80	1:33.50	1:26.10	1:19.90	1:14.90	1:11.50
100m IM	None	1:39.70	1:33.00	1:27.00	1:21.60	1:18.00	1:14.50
200m IM	-	-	3:22.30	3:06.80	2:53.30	2:43.40	2:35.80

Boys C Grade (not faster than)

Age:	9	10	11	12	13	14	15+
50m Freestyle	None	43.80	40.60	38.00	36.60	35.00	33.60
100m Freestyle	-	1:44.00	1:35.00	1:26.00	1:17.50	1:13.00	1:09.00
50m Breaststroke	None	56.60	52.60	48.70	45.50	43.50	41.50
100m Breaststroke	-	2:13.00	1:59.00	1:50.50	1:40.00	1:33.50	1:29.00
50m Butterfly	None	49.50	45.50	42.40	40.50	38.00	36.60
100m Butterfly	-	2:00.00	1:46.50	1:37.50	1:29.10	1:23.50	1:19.00
50m Backstroke	None	52.00	47.00	44.10	41.40	40.00	37.00
100m Backstroke	-	1:58.50	1:47.50	1:38.50	1:28.50	1:22.50	1:18.00
100m IM	None	1:52.00	1:44.50	1:37.00	1:31.80	1:27.80	1:23.00
200m IM	-	-	3:55.00	3:30.80	3:13.10	2:59.00	2:51.20



Schedule of Events

Session 1 - Morning

Warm-up - Girls: 8:00am - 8:25am, Boys: 8:25am - 8:50am, First Heat 9:00am

101	Boys 9 & over 100m Freestyle
102	Girls 9 & over 100m Butterfly
103	Boys 9 & over 50m Backstroke
104	Girls 9 & over 50m Breaststroke
105	Boys 9 & over 200m Individual Medley
106	Girls 9 & over 100m Freestyle
107	Boys 9 & over 100m Butterfly
108	Girls 9 & over 50m Backstroke
109	Boys 9 & over 50m Breaststroke
110	Girls 9 & over 100m Individual Medley

Session 2 – Afternoon

Warm-up – Boys: 1:00pm - 1:25pm, Girls: 1:25pm - 1:50pm, First Heat 2:00pm

201	Girls 9 & over 100m Backstroke
202	Boys 9 & over 100m Breaststroke
203	Girls 9 & over 50m Butterfly
204	Boys 9 & over 50m Freestyle
205	Girls 9 & over 200m Individual Medley
206	Boys 9 & over 100m Backstroke
207	Girls 9 & over 100m Breaststroke
208	Boys 9 & over 50m Butterfly
209	Girls 9 & over 50m Freestyle
210	Boys 9 & over 100m Individual Medley

Officials – We would appreciate your help



We need many officials to run a successful meet. If you are willing to officiate at our A/B/C Championships, could you please fill in the form below and email it to kev@bridswimclub.co.uk or, alternatively, just send the name and email addresses direct.

The Promoter will then contact the officials proposed nearer the date confirming when we require your help.

Name	Address	Contact No./Email	Qualification

E-Mail: kev@bridswimclub.co.uk / 07400052646



PROMOTER'S CONDITIONS

RULES OF ENTRY

Prior to the Gala

- All competitors must be registered with the ASA.
- The meet shall be run under ASA Laws and FINA technical rules of swimming.
- The Referee's decision is final at all times.
- In accordance with ASA Child Protection policy, all photographic equipment including mobile phones with cameras must be registered at each session.
- The use of mobile telephonic devices on the **poolside** is **prohibited**.
- Ages for events are 9yrs and above, medals will be issued in the 9, 10, 11,12,13,14 & 15+ yrs
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- Age is the swimmer's age at midnight on 31st December 2018.
- All entries shall be submitted before the closing date of the meet.
- Poolside or late entries will be accepted at the discretion of the Promoter.
- All entries to be submitted by each affiliated club's Competition Secretary via an electronic system OpenMeets.
- All events will be swum as heat declared winner.
- Swimmers can only enter their age group events.
- There shall be separate events for males and females although, at the Promoter's discretion, they may be swum combined.
- The Promoter reserves the right to amend the running order of events to give swimmers appropriate recovery time wherever possible.
- Entry times will be short course times for the event distance, no time entries will be allowed

The Day of the Gala



- Swimmers shall be placed in graduated time order, slowest to fastest. All heats will be spearheaded.
- A list of heat and lane assignments will be printed and distributed to team managers before start of racing. It is the swimmers responsibility to check the heat sheet and be at the staging area on time.
- Competitors must report to their Team Manager for instructions.
- Warm up will commence one hour prior to the start of each Gala session, i.e. 08:00 and 13:00.
- All competitors must report to the Competition Steward two events before their race or, if they are in the first race of the session, report to the Competition Steward five minutes before the published start time for the session/gala.

Awards

- Awards will be presented to the fastest three swimmers in each event in all age 9 ,10, 11, 12, 13, 14 & 15year and over.
- Swimmers must collect their awards from the trophy table, after the results for each event have been announced / published.

Good luck

